

SHOPPING AROUND

Doctor's practice includes healing gifts

When was the last time you went shopping in your doctor's office?

Dr. Christi Bonds, a family practitioner who is also licensed in acupuncture, Chinese medicine, and homeopathy, offers her patients an array of healing gifts in a non-traditional retail setting. They include handpainted ceramic tiles, porcelain angels, books and tapes on

healing, soapstone sculptures, paintings, and hand-made jewelry.

Bonds, who was a commercial artist before attending medical school, believes that art is good medicine.

"I encourage people to

choose art that they relate to and that makes them feel good. It can be part of the healing process," explains Bonds. "The artists whose work is here are themselves healers and spiritual people."

In a peaceful environment of meditative music, you will find exquisite handpainted porcelain dolls and angels (signed and numbered \$78 to \$230), handmade ceramic tiles by medical intuitive Dianna Rose (\$18 to \$65), medicine bags and buffalo hide drums by Thomas White Eagle (\$170), animal sculptures by Native artist Angry Bear (\$150 to \$250), semi-precious stones wrapped in gold wire by retired astrophysicist Bill Derickson (\$40 to \$60), and a lovely line of sterling silver and pewter jewelry by Columbia Legends (\$2 to \$99).

Magical multi-media works by Bonds' mother, Corliss Bonds, a well-known Reno artist, grace the walls (a bargain at \$35), as do paintings by Bonds. A magnificent painting by the talented physician of Native artist Angry Bear had me almost levitating. Powerful stuff. In fact, you may have seen her paintings in Washoe Medical Center's second floor post partum unit.

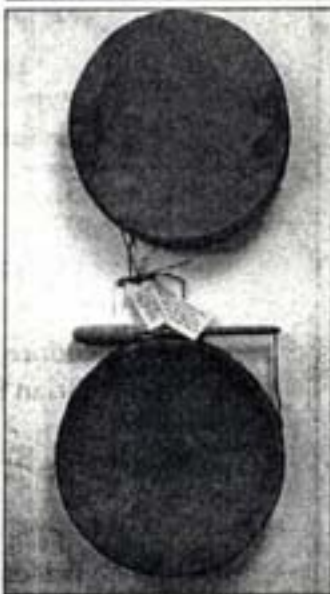
For Christmas giving, there are ornaments by Native Storytellers (\$10), handmade soaps, books on healing and lovely CDs by local musicians Susan Mazur and Dallas Smith, founders of Healing Health-Care Systems (\$15).

All items in Bonds' office are discounted 20 percent to her patients. If you aren't already a patient, you might want to be one.

Dr. Christi Bonds, 1101 W. Moana, #10 Reno. Phone: 827-2449. Hours: Monday through Friday from 8 a.m. to 5 p.m.



JO ANNA PHILIPS



Photos by Jean Dixon/Reno Gazette-Journal

THERAPY: The tile works of Dianna Rose, above, are displayed in Dr. Christi L. Bonds' office in Reno. Below, drums made of buffalo hide.

World, a new retail store near Home Depot in Reno's Parkside Center.

Part of a 12-store northern California chain, Work World is a working person's dream. It's a one-stop shop for rugged clothes by Wrangler, Dickies, Carhartt, Levi, and Wolverine.

"We're the working person's Nordstrom's," says manager Jim Portee. "We focus on competitively-priced non-fashion wear."

You'll find machowear like overalls (\$29 to \$33) and insulated vests, Ben Davis heavy twill pants (\$33), shoes and boots by Wolverine, Durango and Chippewa, super-thick socks by Fox River, and outerwear by outback, Woolridge, and Columbia (\$49 to \$129.99).

On the lighter side are accessories like colorful suspenders and hats, and Russell sweats.

Work World, 6598 S. Virginia, Reno 853-0388 Hours: M-F 9-9, Sat 9-7, Sun 10-6

Bargain jargon

■ A holiday sales event is being held at **Labels Consignment Boutique** (3350 Lakeside, Reno). Regular customers will receive substantial discounts on Christmas dressing.

■ Likewise, **Sierra Trading Post** (2000 Airport Square, Reno) blows out famous name brand outdoor clothing and equipment from down parkas to Viper tents at 35-70 percent off retail.

Mail news

■ If you like to play games, Meadowood Mall has a new store, **The Game Keeper**. It's an adult game store that provides a playful, interactive environment of 2,500 games and puzzles from backgammon and chess to numerous board games and a proprietary line. Your move. Phone: 826-3392

Jo Anna Philips is a free-lance writer living in Reno. Questions about shopping? Call 788-6200 or fax 826-8144. Send information about grand openings or shopping news at least two weeks in advance.

Grand openings

■ A bounty of blue-collar workwear is now available at **Work**